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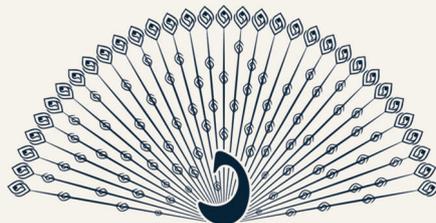
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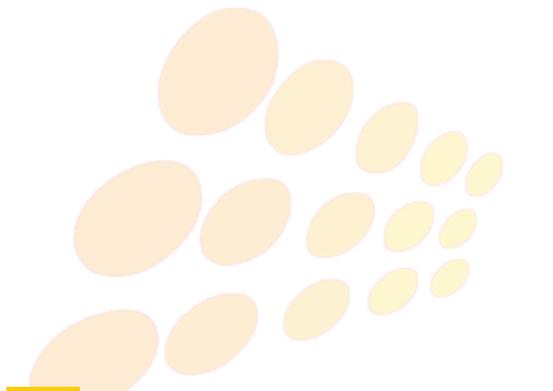
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# WELCOME ABOARD

## DEAR READERS,

Welcome aboard SpiceJet!

As we head into summer, the festive spirit is already in the air with Holi around the corner, followed by Eid-ul-Fitr and Mahavir Jayanti. These occasions remind us of what makes India special – our diversity and our ability to come together. At SpiceJet, this sense of togetherness is at the heart of what we do. Every flight is about connecting people, families and communities across the country.

India is passing through an important phase in its growth story. The country is playing a larger role on the global stage, with new trade agreements opening doors for Indian businesses and workers. Aviation has an important part to play in this journey by helping people travel, trade and stay connected – both within India and with the world.

For SpiceJet, the past few months have been about rebuilding with care and focus. The results are encouraging. Our domestic market share has more than doubled, and more passengers are choosing to fly with us. We are operating at an outstanding 90% passenger load factor (occupancy rate) and flew 1.9 million guests in Q3 FY26, which was a 77% increase over the previous quarter. While there is still work to be done, the direction is positive.

We are now preparing for the next phase of growth. Over the course of this year, we plan to expand our fleet to around 60 aircraft. This will allow us to add more flights and serve more destinations, while continuing to grow in a responsible and measured way.

Strengthening connectivity remains central to our plans. Whether it is linking Indian travellers to destinations like Sharjah or improving access to the North East through new services such as Imphal, our aim is to reduce distances and open up opportunities for people and businesses alike.



None of this would be possible without the dedication of our pilots, cabin crew, engineers and ground staff. Their discipline, hard work and commitment – often behind the scenes – have been critical to the progress we are making.

I would also like to congratulate our Indian boxers for their outstanding performance at the BOXAM Elite 2026 Tournament in Spain. Winning 19 medals and topping the medal table is a proud moment for the country and a reminder of what perseverance and belief can achieve.

As we look ahead, our goal is simple: to offer reliable, affordable and comfortable travel, and to serve you better with every journey.

Thank you for choosing SpiceJet and for being part of our journey.

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## What gap in the market led you to conceptualise 1XL Ventures under the IGF framework?

**Dr. Dhiraj Jain:** We observed that most startups don't fail because of product weakness. They fail because growth is unstructured. There is vision, there is effort, but there is no architecture. IGF [Integrated Growth Framework] was born to bring that architecture. It separates strategic clarity from growth execution, ensuring businesses scale in a predictable and disciplined way.

## How does 1XL Ventures change the traditional venture model?

**Dr. Mamata Jain:** Traditional venture capital provides funding and oversight. 1XL Ventures provides structured partnership. We don't just invest, we embed systems. The Integrated Strategy Framework [ISF] defines strategic direction & the Integrated Marketing Framework [IMF] builds growth infrastructure. This combination is IGF that transforms capital from fuel into a growth engine.

## Investors often worry about unpredictability. How does 1XL Ventures address risk?

**Dr. Dhiraj Jain:** Risk reduces when systems replace assumptions. ISF ensures alignment in business model, positioning, and scalability before growth acceleration begins. IMF then creates measurable demand pipelines. Our system removes unpredictability from growth.

## Why separate strategy (ISF) and marketing (IMF) infrastructure?

**Dr. Mamata Jain:** Because confusion between the two causes chaos. Strategy defines where to go. Marketing builds the road to get there. Most companies mix both and lose direction. IGF brings discipline by ensuring strategy is defined before scale is accelerated.

## What type of businesses are ideal partners for 1XL Ventures?

**Dr. Dhiraj Jain:** We partner with sales-ready businesses that have market validation but lack structured scale. The ideal founder understands their product, has proven demand signals, and is ready to transition from hustle-driven growth to system-driven expansion. We look for clarity of vision, disciplined execution, and openness to strategic alignment, not just wishful thinking.



## How does IGF ensure predictable growth rather than aggressive, unstable expansion?

**Dr. Dhiraj Jain:** ISF brings strategic clarity, aligning positioning, unit economics, and scalability before growth begins. IMF then builds structured demand pipelines that generate consistent inflow instead of one-time spikes.

When strategy and demand infrastructure work together, growth becomes predictable, controlled, and valuation-focused, not aggressive or unstable.

## Many founders resist structured frameworks. How do you handle that?

**Dr. Mamata Jain:** Frameworks do not restrict creativity, they protect it. Once founders see clarity in numbers, positioning, and demand flow, they understand structure is empowerment, not control.

## What differentiates 1XL Ventures from agencies or consulting firms?

**Dr. Mamata Jain:** Agencies deliver services. Consultants deliver advice. We deliver embedded partnership with equity alignment. Our success is directly linked to the growth of the portfolio company.

## From an investor's lens, what makes IGF attractive?

**Dr. Dhiraj Jain:** IGF converts growth from an uncertain outcome into a structured process. By standardising strategic alignment through ISF and demand infrastructure through IMF, we

create measurable, repeatable performance across portfolio companies. For investors, this means greater visibility, reduced volatility, and stronger valuation consistency.

## How do you evaluate whether a business is ready for ISF implementation?

**Dr. Mamata Jain:** We assess three factors: validated market demand, basic operational discipline, and founder readiness for structured leadership. IGF is designed to accelerate readiness not repair instability.

## How does IGF enhance long-term valuation?

**Dr. Dhiraj Jain:** Valuation increases when revenue becomes predictable. Predictability increases when demand infrastructure is strong. IGF builds that infrastructure and valuation becomes sustainable, not speculative.

## What role does leadership maturity play in this framework?

**Dr. Mamata Jain:** Leadership maturity is central. Systems fail if leadership resists accountability. We partner with founders who are ready to transition from operator to strategic leader.

## Is IGF adaptable across industries?

**Dr. Dhiraj Jain:** Absolutely. IGF is built on universal growth fundamentals, not industry specific assumptions. Every business needs strategic clarity, operational alignment, and structured demand creation. While tactics vary by sector, the architecture of scalable growth remains consistent, allowing IGF to adapt across industries with contextual execution.

## How do you see IGF shaping the future of venture partnerships?

**Dr. Mamata Jain:** We believe the future lies in demand-led venture ecosystems. Funding alone is no longer differentiation. Structured growth enablement is.

## If you had to define 1XL Ventures in one sentence for investors, what would it be?

**Dr. Dhiraj Jain:** A venture partner that transforms potential businesses into structured, scalable, and valuation-ready enterprises.

**Disclaimer:** The information provided in this article is for general informational purposes only. While 1XL Ventures aims to help businesses achieve sustainable growth, individual results may vary based on factors such as market conditions, execution, and other variables. The past performance of 1XL Ventures and its portfolio companies is not indicative of future results. Investments carry inherent risks, and prospective investors should conduct their own due diligence and consult with a financial advisor before making any investment decisions.



# spice route

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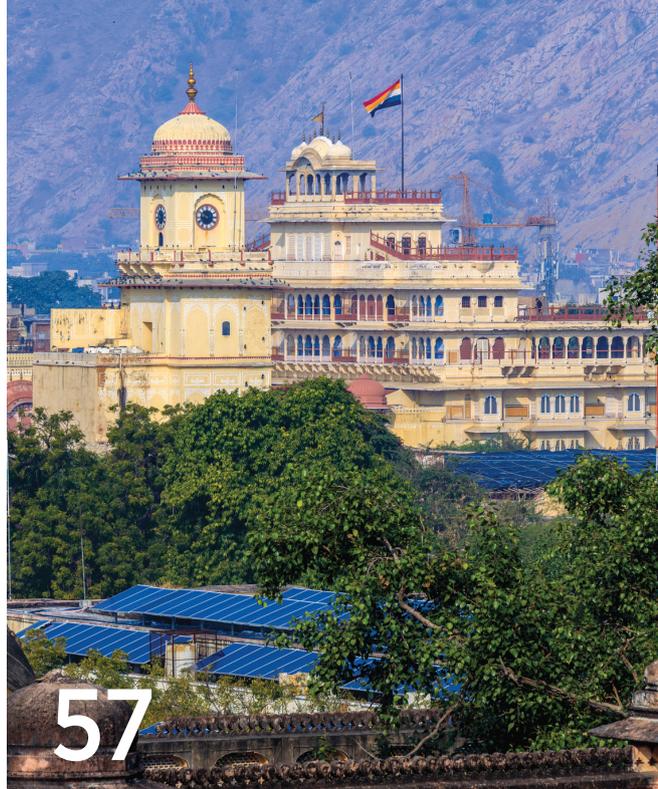
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## No Handshakes in the Age of AI: When Algorithms Replace Agreements

There was a time not very long ago when business could begin with a handshake.

Deals were discussed over coffee, trust was built in meeting rooms, and contracts followed once both sides felt comfortable enough to move forward. In many parts of the world, particularly in relationship-driven markets, that human rhythm still holds value. But quietly, almost invisibly, artificial intelligence is beginning to change the very first moment of commercial trust.

Today, decisions that once depended on instinct are increasingly being filtered through algorithms. Credit approvals, fraud checks, customer onboarding, recruitment screening, and even elements of contract review are all being touched, if not fully driven, by AI systems. The result is a subtle but profound shift: business is becoming less about the handshake and more about the dataset. In the UAE, where digital transformation is advancing at an assertive pace, this transition is especially visible. Financial institutions rely heavily on automated risk scoring. Airlines and travel platforms use AI for dynamic pricing and passenger analytics. Free zones and digital onboarding platforms are experimenting with automated KYC and compliance tools. Efficiency has improved markedly, but the legal questions have multiplied just as quickly.

One of the most pressing concerns is accountability. When an algorithm rejects a customer, flags a transaction, or influences a pricing decision, where does responsibility ultimately sit? Regulators globally are converging on one clear principle: automation does not remove liability. Human oversight must remain firmly in the loop. Under the UAE's Personal Data Protection Law

(Federal Decree-Law No. 45 of 2021), any system processing personal data, including AI-driven decision tools, must meet standards for lawful processing, transparency, and purpose limitation. For businesses deploying automated profiling or behavioural analytics, the compliance conversation is no longer optional. It is structural. The Cybercrime Law (Federal Decree-Law No. 34 of 2021) adds another layer of sensitivity, particularly in the era of generative AI. Synthetic media, automated communications, and digital impersonation risks have prompted regulators to scrutinise how AI-generated outputs are governed. The technology may be new, but the liability principles are not.

**In a conversation with Mr. Vishal Tinani, the founder of V Legal Consultants.**

**In this increasingly automated environment, what should businesses be most careful about?**

**Vishal Tinani:**

“The biggest misconception is that AI reduces responsibility. In reality, it redistributes risk. Businesses must remember that if a system is making decisions that affect customers, regulators will expect clarity on how that system works, what data it relies on, and where human oversight sits. Smart companies are not just asking whether AI is efficient, they are asking whether it is defensible.”

**Are companies in the region prepared for this shift?**

**Vishal Tinani:**

“We’re seeing two speeds in the market. Large institutions are already building AI governance layers, but many growing businesses are still in the experimentation phase. The risk is not using AI; the risk is using it informally, without documentation or internal controls. In today’s environment, even a well-intentioned automated decision can create regulatory exposure if the audit trail is weak.”

**What is one practical step businesses should take now?**

**Vishal Tinani:**

“Start with visibility. Map what your AI tools are actually doing, what data they touch, what decisions they influence, and whether a human can intervene when needed. Most compliance gaps we see are not because companies intended to take risks, but because automation scaled faster than governance. The shift is unlikely to reverse. AI will continue to compress timelines, automate judgments, and streamline commercial processes across aviation, finance, logistics, and digital commerce. But as machines take on more front-end decision-making, the legal system is quietly reinforcing an old principle in modern form: trust must still be designed, not assumed.”

**Continuing his observations on the trajectory of AI-driven commerce, Vishal Tinani notes:**

“For airline passengers moving through the UAE’s high-efficiency airports, the transformation may feel familiar. Much of the journey is already automated, with biometric gates, smart boarding, and predictive baggage systems. Yet the safety architecture behind every flight remains deeply human and heavily regulated. Business is heading in the same direction.”

“The handshake may not disappear entirely. But in the age of AI, it is increasingly being accompanied and sometimes preceded by something far less visible and far more scrutinised: the algorithmic decision.”

As AI continues to reshape the mechanics of trust in modern commerce, the message from legal practitioners is becoming increasingly clear: innovation may accelerate decision-making, but accountability still anchors it. For businesses operating in the UAE’s fast-evolving digital landscape, the future will belong not merely to the most automated but to the most defensible. And unlike a handshake, an algorithm leaves a trail.

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# SpiceJet Enters Imphal, Launches Daily Flights from Kolkata, Guwahati and Mumbai

## Airline's First-Ever Services to Manipur Boost Connectivity and Offer Seamless Onward Links across India and beyond

SpiceJet is set to enter Imphal with the launch of its first-ever flight services to the Manipur capital, further strengthening air connectivity to the North-East. Starting February 10, 2026, SpiceJet will operate daily flights to Imphal from Kolkata, Guwahati and Mumbai, using Boeing 737 aircraft.

The new routes will significantly improve access to Manipur, offering passengers seamless and reliable connections to the region while enhancing travel options for both leisure and business travellers.

Passengers flying from Kolkata and Guwahati will benefit from non-stop services, while those travelling from Mumbai will enjoy a single-aircraft journey with a short stopover at Kolkata, eliminating the need for a change of aircraft.

The launch of these services assumes particular significance for Manipur, a State that currently has limited air connectivity options. The new daily flights are expected to greatly improve accessibility for residents, students, medical travellers, government officials, and businesses, providing much-needed capacity and choice for travel to and from the State.

In addition to strengthening direct links with Kolkata, Guwahati and Mumbai, the new services will also

enable convenient onward connections via SpiceJet's network to multiple destinations across India and select international points, offering passengers from Manipur smoother, faster and more efficient travel options.

**Debojo Maharshi, Chief Business Officer, SpiceJet, said,** "The launch of our maiden flights to Imphal marks an important milestone for SpiceJet as we expand our footprint in the North-East. Improved connectivity to the region has long been a priority, and these new services will make travel to Manipur more accessible and convenient for passengers across key metros. We remain committed to strengthening regional connectivity while offering dependable and affordable travel options."

Imphal, the capital of Manipur, is a city known for its rich history, distinct cultural identity and natural beauty. Often referred to as the 'Jewel of India', the state offers visitors a unique experience rooted in tradition and heritage. Key attractions include the historic Kangla Fort, the iconic Ima Keithel – believed to be the world's largest all-women-run market, Loktak Lake with its unique phumdis (floating islands), and the Keibul Lamjao National Park, the only floating national park in the world and home to the rare Sangai deer.



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# DEFYING THE ODDS: THE SKYWING REAL ESTATE STORY

In an industry where success is usually measured over years of persistence and patience, Sunill Kumar has rewritten the rules. In just 120 days, he transformed an idea into a powerful reality—building Skywing Real Estate from the ground up and achieving an extraordinary ₹150 million in sales.

“ This is not just a story of fast growth. It is a story of belief, courage, and execution. ”

## A Vision Fueled by Purpose

As Founder and CEO, Mr. Sunill Kumar did not enter real estate to follow tradition—he entered to challenge it. He saw what many had stopped seeing: clients seeking trust, clarity, and guidance during one of the most important decisions of their lives.

“Real estate is not about buildings,” Kumar believes. “It’s about people, dreams, and life-changing moments.”

From day one, Skywing was built around this philosophy. Transparency replaced complexity. Service replaced pressure. Trust replaced transactions. That mindset became the engine behind Skywing’s rapid rise.

## From Startup to Standout

In only four months, Skywing Real Estate emerged as one of the fastest-growing real estate ventures in the market. This was not luck—it was strategy, discipline, and an uncompromising focus on value.

Behind the scenes, Kumar assembled a high-performing team that shared one vision: to raise the standard of real estate service. Backed by deep market research and sharp execution in high-growth corridors, Skywing quickly gained momentum—and credibility.

Reaching the ₹150 million milestone was more than a financial achievement. It was proof that the market believed in Skywing’s approach.

## Recognition That Speaks Volumes

When excellence moves at this speed, it gets noticed.

Skywing’s remarkable journey earned recognition from Shah Rukh Khan, one of India’s most respected global icons and entrepreneurs. Receiving an award from the King of Bollywood was not just a moment of pride, but a powerful acknowledgment of leadership, innovation, and impact.

Such recognition goes beyond applause. It signals that Skywing represents the future of real estate, not just its present.

## A Message to Every Dreamer

Sunill Kumar’s journey sends a clear message to entrepreneurs everywhere:

You don’t need decades to make an impact. You need vision, courage, the right people, and relentless commitment to your customers.

In just four months, Skywing Real Estate has become living proof that when purpose meets action, growth follows naturally.

As Skywing continues to rise, this story stands as an inspiration—not only within real estate, but across every industry where bold ideas are waiting to take flight.

“ Skywing Real Estate is not just building properties. It is building trust, momentum, and the future. ”

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# *Tonino Lamborghini*

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RAS AL KHAIMAH

ITALIAN DESIGN  
MEETS ISLAND POISE

AT AL MARJAN ISLAND,  
RAS AL KHAIMAH



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# GUIDED BY THE TONINO LAMBORGHINI **ETHOS OF ELEGANCE, UNCOMPROMISED STYLE, AND INNOVATION,** TONINO LAMBORGHINI RESIDENCES IS WHERE **SOPHISTICATION AND DESIGN MERGE.**

The design translates the rhythm of the sea into cascading terraces and sky gardens, balancing exclusivity with openness through a collection of private villas and mansions set alongside a vibrant communal realm.

A timeless narrative of identity and aspiration, this project defines a new paradigm of coastal living. Here, architecture moves with purpose, form follows emotion, and every detail reflects a life lived with intent. Conceived through the lens of Tonino Lamborghini's signature Italian design language, it is a daring landmark effortlessly poised against the luminous Al Marjan Island horizon.



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Gymnasium



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## Holi with a Quirky Twist

**Khoya by Sid Mathur** presents a Holi 2026 collection that celebrates traditional mithai imbued with a contemporary sensibility. The range features reimagined Gujiyas in six variants—Classic, Walnut, Coconut, Chenna, Apple-Cinnamon, and Motichoor—alongside sugar-free options. The offering extends to Orange Rasmalai infused with citrus and saffron, Thandai Powder and ready-to-drink Thandai milk, as well as Rajasthani Hing Kachori inspired by regional flavours. Marking a decade of craftsmanship, the collection reflects a refined approach to festive indulgence, blending heritage recipes with thoughtful innovation.

**Available:** Khoya stores and online



## HOLI CHALLENGE!

The **Parsi Dairy Farm** adds a fun element to Holi celebrations with a festive line-up that's traditional and fresh. In addition to the classic offerings available during the season, the brand launches the Maharaja Lassi Challenge, a high-energy in-store activity where consumers are encouraged to drink a large, indulgent lassi in 60 seconds. The drink is topped with milk cake, malai kufli, and strawberry crush, making it both a treat and a challenge. The winners get a Holi-themed hamper and participate in photo activities, as the stores in Mumbai are converted into festive zones.

**Where:** Parsi Dairy Farm outlets, Mumbai

**When:** 20 February - 8 March 2026



## LET'S GET ROCKED!

Legendary 1980s rockers **Def Leppard** will be performing in India for the first time, in a three-city tour that takes in Shillong, Mumbai, and Bengaluru. Expect the Sheffield band, celebrated for its contribution to the genre of arena rock, to belt out the songs that made them the favourite of many a heavy-metal fan, numbers like Love Bites, Pour Some Sugar on Me, Hysteria, and Armageddon It. So, those who grew up in the 80s, get ready for a trip down memory lane!

**What:** Def Leppard India Tour 2026

**When:** 25, 27, 29 March in Shillong, Mumbai, Bengaluru respectively

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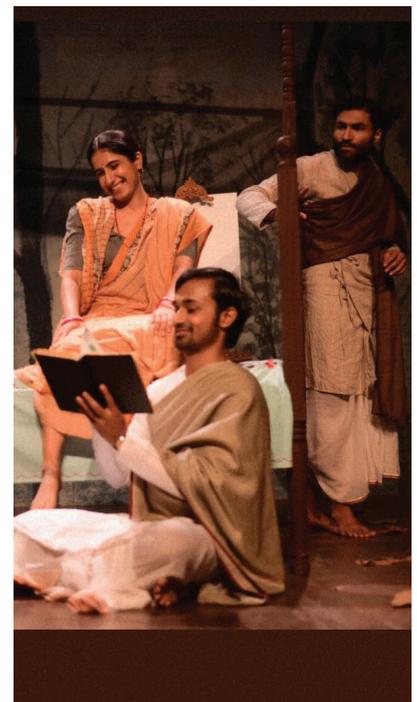


## META: BEST OF INDIAN THEATRE

The **Mahindra Excellence in Theatre Awards (META)** is back with its 21st edition, presenting some of the most acclaimed plays from all over India. Chosen from a record 422 entries across various states, languages, and formats, the shortlisted plays will be performed in New Delhi over a week. The festival, which has been highlighting a range of stories covering mythology, identity, and contemporary social issues—among other topics—also promotes innovation in format and narrative. It will culminate with an awards function honouring excellence in Indian theatre.

**Where:** Kamani Auditorium & Shri Ram Centre, New Delhi

**When:** 19 - 25 March 2026



## MAGIC IN THE MOUNTAINS

**Himalayan O2: The Tehri Lake Festival** is back with a celebration of adventure, culture, sport and community, with the Himalayas as a backdrop. The four-day fest, which embraces activities such as trekking, rafting and photography, alongside a showcase of music, fashion and food, will feature live performances by—among others—Uttarakhand outfit **Pandavaas**, and **Amit Trivedi**, fêted composer, singer and lyricist. Held across Tehri Lake and other nearby locations, Himalayan O2 will focus on the local culture and engage with indigenous communities, making it a key youth-driven event for the state's tourism sector.

**What:** Tehri Lake Festival 2026

**Where:** Tehri Lake, Uttarakhand

**When:** 6 - 9 March 2026

## HONORARY DOCTORATE

**VIT Vice President, Mr. Sankar Viswanathan**, has been conferred the honorary degree of Doctor of Philosophy in Engineering and Technology Management by the Rajamangala University of Technology Krungthep (RMUTK), Thailand. The honorary degree symbolises the highest level of academic recognition for distinguished service and professional excellence. The Ceremony was attended by VIT Chancellor G Viswanathan, Ramani Balasundaram, Assistant Vice President Kadhambari S. Viswanathan, Dr. Sravan Krishna.

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Dreamy Almond

Tricone Coffee Gold

Shahi Kulfi Rajbhog



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Sandwich



Tiramisu



Cookies N Cream Gold

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1 L



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Cheese N Cherry  
1 L



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125 mL



Kaju Malai  
Roll Cut  
110 mL



Dark Chocolate  
Tricone  
120 mL



Epic  
Sweetheart  
60 mL



Dark  
Chocobar  
60 mL



Crème Rich  
Caramel  
125 mL



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Cake Magic  
Black Forest  
500 mL

BESTSELLERS



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Dry Fruit  
1 L



Falooda  
1 L



Kaju Draksh  
Gold  
1 L



Kulhad Kulfi  
100 mL



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Tricone  
120 mL



Chocolate Gold  
Tricone  
120 mL



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Good flights with @flyspicejet ! Took two journeys within a span of 15hrs with SG from DEL-BOM & BOM-GOX & I am really happy to say that we landed before time on both the sectors.

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Good one SG 🌟



 **Anubhav tomar** @Anubhav844 Follow

@flyspicejet I had a issue with few items in my baggage Lipika Sahoo really helped me sort it out

 **Amit Shekhar** @indimasala Follow

Dear @flyspicejet  
You nailed the Chicken Biryani at 29000 feet's, an all women crew onboard #SG335 took excellent care of us! A shoutout to captain and crew on nice flying experience!

And that Gulabjamum was divine 🥰



 **AKHIL SHAR...** @AkhilSharma... · 10h ...

SG702 (CCU-AMD, 11 Jan) proved great people make great journeys. Ankita, Rishab & Nitin turned a delayed, tiring day into a positive experience through empathy, ownership & teamwork. This is how brands rise again. @flyspicejet please reward and celebrate such crews.

1 30

 **AKHIL SHAR...** @AkhilSharma... · 10h ...

Ankita's warm, empathetic, and proactive attitude stood out instantly. Along with her, Rishab and Nitin showed exceptional presence of mind and smart problem-solving. Their calm teamwork and customer-first approach made the journey comfortable despite the delay. @flyspicejet

1 37

 **AKHIL SHARMA** @AkhilSharma... Follow back

I insist to give them kudos on your x profile make it big. These people are really giving their heart and soul to bring your credibility in business.

 **Yogendrasinh Gohil** @YOGI\_YBC Follow

Thank you, #SpiceJet, and special thanks to crew members Ms. Priyanka and Mr. Abhijit of Flight SG458 (Chennai-Ahmedabad, Jan 6, 2026) for your kind and thoughtful support in providing a spacious seat. Your help made my journey much more comfortable.

 **Aloo Parontha** @alooarontha\_ Follow

@flyspicejet Kudos to a team member 'TOWKIR' at Bagdogra airport who provided assistance to help reduce a luggage hassle.

Request the competent authority to felicitate the individual

 **Garvit jain** @garvitjain51 Follow

@flyspicejet amazing gesture by the crew - DILIP,Rajnandini,prince , who made our daughters first flight truly memorable.Their warmth,care and thoughtful efforts meant a lot to us. Thank you for creating such a special experience

Pnr: YGT7VD

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 **KD NIMAVAT** @KdNimavat Follow

A journey we'll never forget  
Our baby's very first flight on @flyspicejet SG-16 was made truly special by the amazing crew. They were kind, patient, and generous enough to take time for this lovely picture with us ❤️✈️

Thank you for turning our first flight a beautiful memory!





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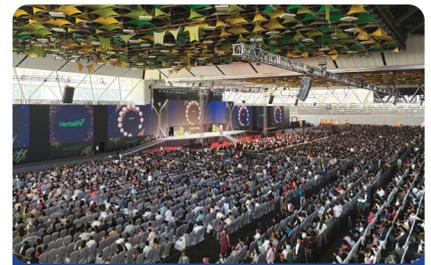
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At DavalIndia, we think of care as a daily discipline. It means communicating in plain language so people feel confident, not confused. It means creating an environment where no one feels judged for their questions, their constraints, or their circumstances. It means honoring privacy, practicing courtesy, and bringing calm to conversations that may carry worry beneath the surface.



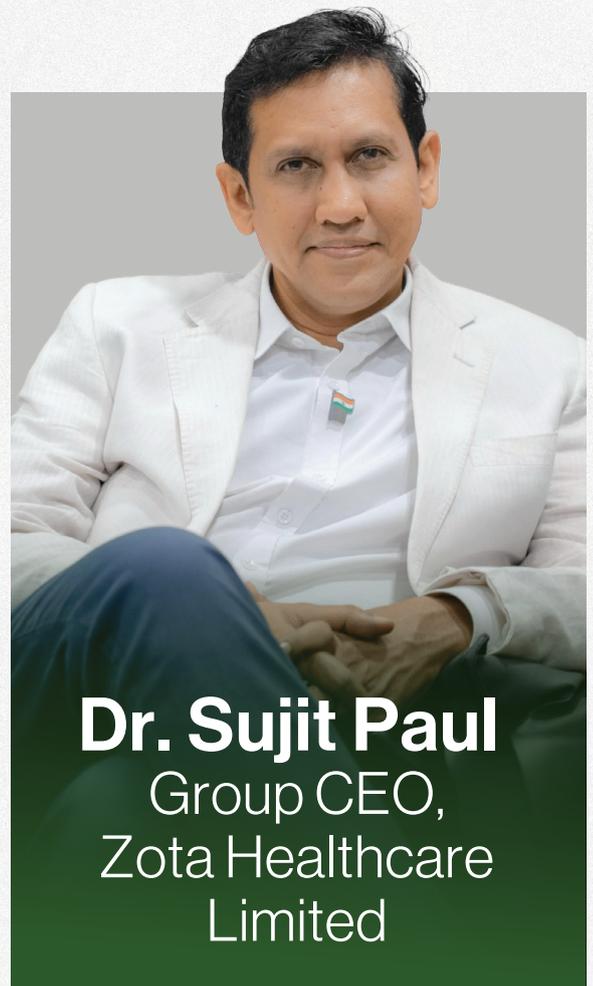
*DavalIndia is a pioneering force in the "healthcare industry, reshaping the landscape by making high-quality generic medicines affordable and accessible to all. Our vision is to create a healthier and more equitable future for everyone we serve.*

**Dr. Sujit Paul, Group CEO,  
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But a culture of care is also internal. When our teams feel supported, the experience they create becomes more

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We celebrate effort, encourage ownership, and treat mistakes as moments for coaching—not blame. We aim to build a workplace where collaboration is instinct, and empathy is strength. Care, for us, is the bridge between purpose and practice. It is how trust is earned—one interaction at a time. And as DavalIndia expands, our promise is not just to scale operations, but to scale humanity: to keep people at the center, and to make every touchpoint feel respectful, reassuring, and real.



**Dr. Sujit Paul**  
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ACTOR

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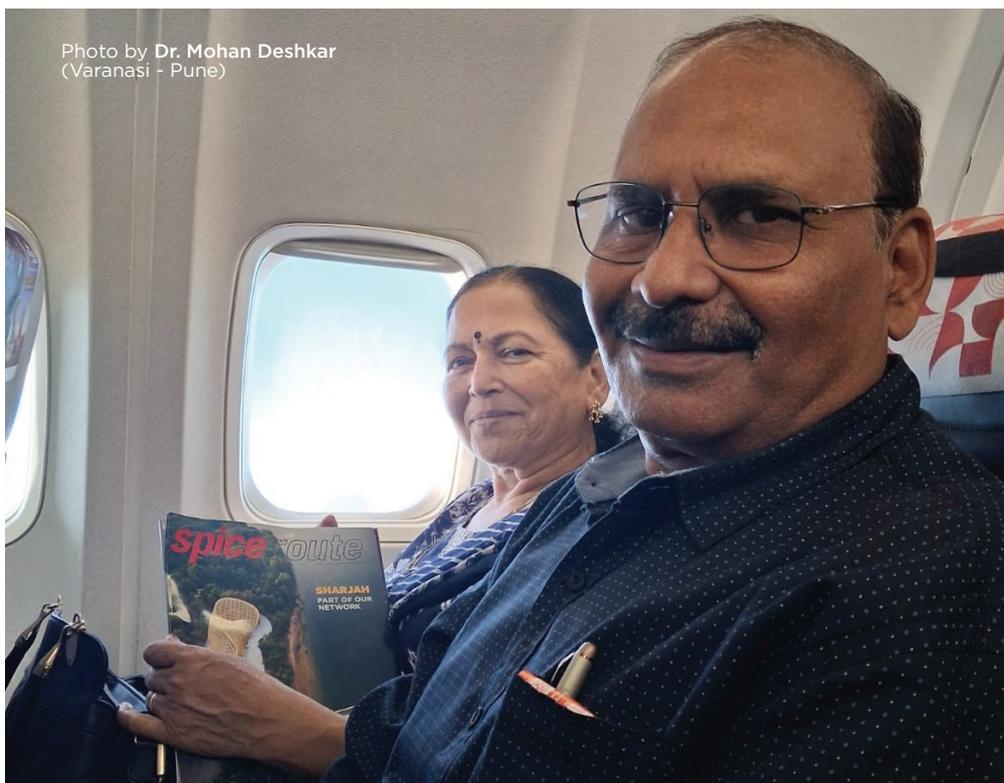


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# SpiceJet SUPERSTARS

Meet the achievers of the month from the SpiceJet family, who have stood out for their outstanding work.



**MONICA SHARMA**

**Airport Services**

**Experience with SpiceJet**

From my early days as a Customer Service Executive to my present role as Station Manager, SpiceJet has been more than an employer. The organisation has provided opportunities to learn, grow, and lead with confidence. I'm thankful to my seniors for believing in my potential, guiding my journey, and creating an environment where dedication and hard work are recognised.

**Internal Appreciation**

Monica personifies 'hard' and 'smart' work. She has led her teams through demanding situations, ensuring they always feel motivated, and hungry to perform and achieve the desired results. Her exemplary rise is proof of her leadership skills, willingness to learn, and consistency in performance. We wish her success and professional growth in the future.



**JAHANZEB KHAN**

**Travel Desk**

**Experience with SpiceJet**

My 14 years with SpiceJet have been truly rewarding. I am sincerely grateful to our seniors for their guidance and mentorship, to the management for providing a professional, disciplined, and growth-oriented environment, and to my colleagues for their teamwork and support. The culture of mutual respect and collaboration truly makes SpiceJet feel like a family.

**Internal Appreciation**

I would like to sincerely appreciate your dedication and hard work. Your consistent efforts, commitment, and positive attitude has made a meaningful impact on our team and the quality of our work. Your willingness to go the extra mile and handle responsibilities has not gone unnoticed. You have shown a commendable sense of ownership and professionalism.



**PRINCE PAUL**

**Security**

**Experience with SpiceJet**

I began my career at SpiceJet as a Trainee Executive, and today, thanks to the guidance and trust of my seniors, I feel honoured to serve as Manager-Security, and as a BCAS-Certified AvSec Instructor, contributing towards strengthening aviation security and mentoring colleagues. The recognition and support I have received here motivate me to give my best every day.

**Internal Appreciation**

Congratulations to Prince for receiving the SpiceStar Award in recognition of his commendable efforts in successfully obtaining approvals from EU/UK authorities. His dedication, coordination, and commitment to regulatory compliance have significantly strengthened our operational standards and reflect the true SpiceJet excellence.



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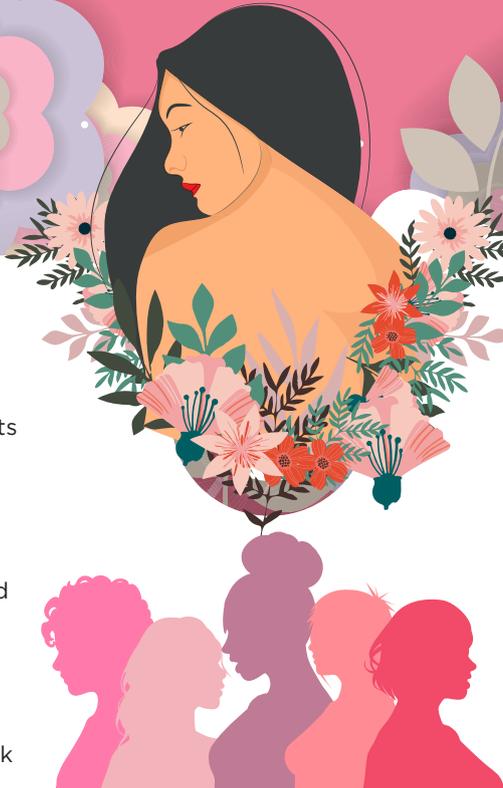


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# International Women's Day

**I**nternational Women's Day, celebrated every year on March 8, is a reminder of the social, economic, cultural, and political accomplishments of women, as well as the need for further action towards achieving gender equality. Since 1975, International Women's Day has been recognized by the United Nations as an occasion to celebrate progress and discuss challenges such as gender inequality, disparity, and lack of opportunities.

In India, International Women's Day has become a significant event to look back at accomplishments as well as policy-level advancements. The Indian government has launched various initiatives to empower women in areas such as education, health, financial inclusion, and entrepreneurship. Initiatives such as Beti Bachao Beti Padhao aim to enhance the ratio of child survival and girls' education, while



Schemes such as Pradhan Mantri Mudra Yojana provide collateral-free loans to women entrepreneurs giving wings to their dreams

Pradhan Mantri Matru Vandana Yojana provides support to pregnant and lactating mothers. Another area that has received importance is economic empowerment. Schemes such as Pradhan Mantri Mudra Yojana provide collateral-free loans to women entrepreneurs, and initiatives under the National Rural Livelihood Mission have linked close to 10 crore women to self-help groups, promoting economic empowerment and development.

Also, support services such as One Stop Centres, which provide legal, medical, and psychological support to women experiencing violence, indicate a holistic approach to women's welfare.

Thus, International Women's Day is not merely a day to celebrate but a day to act. In the Indian context, it marks the significance of continued policy interventions, social awareness, and joint responsibility towards creating a more inclusive and equal society where women can grow and lead.



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We care for our elders and won't let them down. That's why SpiceJet offers all senior citizens above 60 years of age up to 14 per cent discount on base fares. The discount is applicable on domestic flights for both one-way and return journeys and only on direct bookings made through SpiceJet website, mobile app and reservation centre. The bookings made under this fare are changeable and refundable, but are not transferable.



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For the brave men and women of the Indian Armed forces who are keeping the nation safe, SpiceJet offers up to 21 per cent discount on base fares. The discount is valid on bookings that are made on the SpiceJet website, mobile app or through our reservation numbers. It is also available at select airport ticketing centres.

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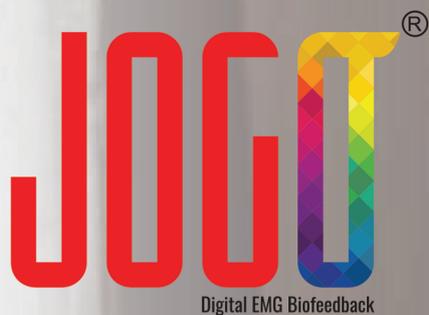
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# IMPHAL

## YOUR ULTIMATE GUIDE

FLORINA SOREN

Among the cities of the Northeast states, Imphal is picture-perfect. With its rolling hills, and a rich culture and history, the capital of Manipur assures its guests of a warm welcome and tales to remember.



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TO **IMPHAL** FROM  
KOLKATA,  
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AND MUMBAI

**C**radled among hills, Imphal is a sight to behold as one prepares to land at the Bir Tikendrajit International Airport. **Loktak, a lake unlike any other (and dotted with islands), looks like a magical web from atop.** The drive from the airport to the city centre sets the tone for a holiday that promises to be extraordinary in more ways than one. The people are soft-spoken, the roads clean and wide, the air crisp and fresh—and there is something mystical about Imphal, perched at approx. 2,500 feet.

## **Revisiting History**

The iconic Kangla Fort in the heart of Imphal is a proud reminder of the state's storied history. Once the citadel of Manipur's Meitei kings, the fort and the museum inside present a walk down memory lane. **It holds within its premises ancient temples, remnants of its once imposing brick walls, palace halls—and the regal statues of Kangla Sha, two sacred leogryphs standing majestically tall at 18 feet.** This historic structure has been witness to the rise and fall of successive Meitei kingdoms, followed by the British invasion. While its grandeur recalls Manipur's resilience and valour, the fort is also strewn with religious sites. Notable among them is the resplendently white Pakhangba Laisang temple, the epitome of reverence, and the shrine of Shree Govindajee. Today, Kangla Fort is a must-visit ecological retreat with lush-green spaces, pristine water bodies, gardens of medicinal plants, and much more.

## **Loktak Lake The Lifeline**

Among the most immersive experiences Imphal has to offer is a boat ride on the

tranquil Loktak, the largest freshwater lake in the Northeast. As you make your way through the serene waters, covered by a multitude of small islands known as *phumdis*, fishermen cross your path in local boats. The lake is an integral part of Manipur's ecosystem, supporting native vegetation and fisheries, besides helping generate hydropower and boosting tourism.

To complete your experience, do stop by for a cuppa at one of the *phumdis*—there is also the added attraction of Sendra Island, a scenic hillock on Loktak that boasts a captivating view of the bustling lake below. Another can't-miss is the Takmu Water Sports Complex, where you will spot tourists and locals engaging in water-skiing, motor-boating, and wind-surfing, among other adventure sports.

### **The Park that Floats**

Another of Manipur's many unique sites is Keibul Lamjao, the only floating national park in the world. This wetland ecosystem, a part of Loktak Lake, guarantees a breathtaking encounter with fauna—you can sight wild boar, hog deer, otters, and a host



**Clockwise from Top**  
A boatman on his dinghy at the Loktak Lake. A ride in the mesmerizingly beautiful lake is a not-to-miss.

A floating village in one of the *phumdis*, on the lake

The ruins of an old temple inside the Kangla fort, Imphal.



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## Festive galore



**Sangai Festival:** Named after the Sangai deer, this annual tourism festival is held in November. Folk dance performances and indigenous sport competitions are held besides showcasing Manipur's rich culture, cuisine and textile legacy.

**Yaoshang Festival:** Celebrated on the full moon day of the month of Lamta (February-March), the festival is celebrated with singing and dancing. The 'yaoshang' (a small straw hut) is constructed and then burnt on the first day of the festival.

**Heikru Hitongba:** A traditional boat race festival that has been passed down since 948 AD is held in the month of September every year. Originally held to foster a feeling of peace and unity, today the boat race held at the moat of Sangolband is a big draw for tourists and locals alike.

**Best Time To Visit:** October to March is the best time to visit Manipur. The time is ideal for outdoor activities, also this is when most festivals take place.



### Top & Above

Local boat races are an integral part of Manipuri culture, and locals participate in large numbers wearing traditional attire.

Women as shopkeepers are a common sight, and Imphal is the only city in India with an all-women market.

of waterfowl and migratory birds. More significantly, it is home to the endangered Sangai, the state animal, also known as the brow-antlered deer or Eld's deer. Complete with watchtowers and resthouses, a day spent amid the still and silent waters of Keibul Lamjao is nothing less than an expedition.

## Where Women Reign

In Imphal and almost everywhere in Manipur, it is mostly the women who are seen managing the shops and local businesses. In fact, this is probably

the only city in India where there is a special market dedicated to, and run exclusively by, women. The origins of Ima Keithel, meaning 'Mothers' Market', go as far back as the 16th century. Hundreds of women in traditional and colourful attire can be seen selling a range of items, including handicrafts, cane items, vibrant handwoven textiles, wonderfully curated jewellery pieces, and local produce, besides a plethora of other Manipuri creations. And since many of them understand English, shopping here can be really exciting. Ima Keithel is a symbol of women's empowerment, and definitely an example for the rest of us to follow.

A visit to Manipur is incomplete without tasting the state cuisine. Rice is a staple here, often served with vegetable stew or non-vegetarian dishes. The food is healthy with most of the preparations steamed with very little spices—and plenty of greens. Among the popular culinary delights are Chamthong, a vegetable stew, and Eromba, a mix of vegetables, fish, and mashed chillis, all boiled together to give a very distinct flavour. And the perfect dish to end your Manipur sojourn? Chak-hao Kheer, a pudding made from black rice ●



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Hon'ble Chief Minister of Delhi



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# TO ALL THE WOMEN WHO KEEP US FLYING FORWARD.

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**SPICEJET**  
**women**

**Captain  
Bhakti  
Kiran**



***From uncertainty to conquering the sky***

As a young girl, I would often look up at planes cutting through the sky and wondered how the world would look from above the clouds. What began as curiosity slowly turned into a dream — and eventually, into my life's calling. I did my flying training from New Zealand and the unfamiliar skies became my playground. However, the real test came after I returned to India.

For nearly a year and a half, I was unemployed, uncertain, and questioning myself. Refusing to give up, I took a decisive step forward and completed my Boeing 737 NG type rating. That choice changed everything. In 2010, I joined SpiceJet as a Trainee First Officer — a moment that finally brought years of effort into focus. As a young woman pilot in a traditionally male-dominated field, I was aware that I carried more than my own ambition.



Fifteen years later, my role has come full circle. Today, I serve as a trainer, mentoring the next generation of pilots. **Watching young aviators take their first confident step into the cockpit reminds me of my own journey — of waiting, of perseverance, and of finally earning my place in the sky.**



**Ritika  
Verma**  
Engineering &  
Maintenance, Manager

***All about unspoken determination***

I come from a small town where traditions often spoke louder than dreams. Ambition felt like a rebellion and my dreams often appeared too big. But my mother saw something others overlooked — possibility. While the world set boundaries, she built bridges. She believed that strength was not about choosing between tradition and ambition, but about balancing both.

Today, as I stand confidently working in the aviation industry — a field once unimaginable for a girl from my town — I see how far that journey has brought me. My work is proof that dreams can take flight. I take pride in supporting my parents, uplifting my in-laws, and contributing meaningfully to my family's growth. Financial independence has given me not only stability but also a voice. **If my journey stands for anything, it is this: when one woman believes in another, generations rise.**

**For me, International Women's Day is not just a celebration — it is a reminder of a journey.** A journey of quiet resilience, unspoken determination, and the powerful influence of a mother who refused to let circumstances define her daughter's future.

**Captain  
Kriti  
Mata**

***Flying With Pride***

My journey with SpiceJet began in 2011 and since then it has only been about learning and growing. Over the years, my role kept getting bigger and better, and today I am proud to serve as an Instructor. **Moving from being trained to training others has been one of the most fulfilling chapters of my journey.** Training young pilots, sharing experiences, and watching them grow reminds me of how far I have come.

Becoming a pilot was my dream. Becoming a Captain was my father's greatest pride. From the very beginning, he believed in me with a quiet confidence that made me believe in myself. When I earned my four stripes, it wasn't just my achievement — it was his victory. Earlier on in my career, I flew the



Chief Minister of Delhi to Jhansi — my hometown. A young girl from Jhansi, returning as a pilot. That still is my proudest moment - my journey from a small town girl to flying people across the globe, I feel proud to be a woman, and most importantly my father's daughter. Every time I walk into the cockpit, straighten my epaulettes, and prepare for takeoff, I feel his presence. I feel his pride.

## Nehal Valand

Ground Staff

### *The sky is never out of reach*

Entering the aviation industry was a completely new world to me. It felt both daunting as well as transformative. Everything was new — the pace, the responsibility, the expectations — and I knew I had a lot to learn.

The early months were defined by observation and persistence. I focused on understanding allocations, operational procedures, and the rhythm of airport life. Managing flight delays and high-pressure situations taught me lessons no classroom ever could — the importance of composure, teamwork, and professionalism when it matters most.

In ground operations, certain roles are often assumed to be male-dominated. I chose not to let that define my limits. With encouragement from my manager and belief in my own potential, I earned my LCC license, becoming one of the few women at my station to take on ramp responsibilities. Another defining chapter came when I earned my Load & Trim license, and this was followed by new responsibilities and bigger roles. However, the impact of my journey was far bigger beyond aviation. When I return to my village and hear children say, “Plane wali didi aa gayi,” I realise that my story is doing something bigger than I ever imagined. It is quietly telling young minds — especially girls — that the sky is not out of reach.

**This Women’s Day, I celebrate not just growth, but the courage to step forward and stay the course.** My message is simple: Believe in yourself, especially when the journey feels hardest. With courage and consistency, even the quietest dreams can learn to fly.



## Vaidehi

Cabin Crew

### *Learning to Fly, One Dream at a Time*

My journey began far from runways and aircraft — in Kavalakki, a small village in Karnataka. My parents always reminded me that no dream is too big to achieve, and that became my mantra. At the age of three, I began training in Bharatanatyam. Dance taught me discipline, balance, and grace, lessons that stayed with me long after the music stopped.

Life changed abruptly when I lost my father. Overnight, I stepped into responsibilities I was not prepared for — supporting my mother, managing my father’s business, running the household, and continuing my education.

**In June 2018, everything changed when I was selected to become a cabin crew member with SpiceJet. Besides being a professional milestone, it was deeply emotional. It meant pride, relief, and gratitude coming together in one defining moment.**

Seven years later, SpiceJet has shaped me both personally and professionally. Every flight has been a lesson — in responsibility, confidence, empathy, and care. Wearing this uniform has helped me grow into a calmer, stronger, more assured version of myself. Looking back, I don’t just see achievements — I see resilience. Strength doesn’t always roar; sometimes, it simply shows up every single day.



## Captain Garima

### *Choosing Courage Over Convention*

I come from Rohtak where unconventional paths, especially for girls, are questioned more than they are celebrated. Fortunately enough, I was born into a family that chose courage over convention. At nineteen, when most people are still discovering who they are, SpiceJet gave me my first opportunity to fly as a commercial pilot.

SpiceJet became the wind beneath my wings — mentoring me, nurturing my growth, and empowering me every single day. I soon became one of the youngest female Captains in the world.

Today, when I take command, I don’t just carry passengers across the skies. I carry a story — of belief that was chosen quietly, courage that stood firm, and a future that looks very different from the past. **This Women’s Day, my journey stands as a reminder: when families believe, and organisations trust, boundaries don’t just shift — they disappear.**

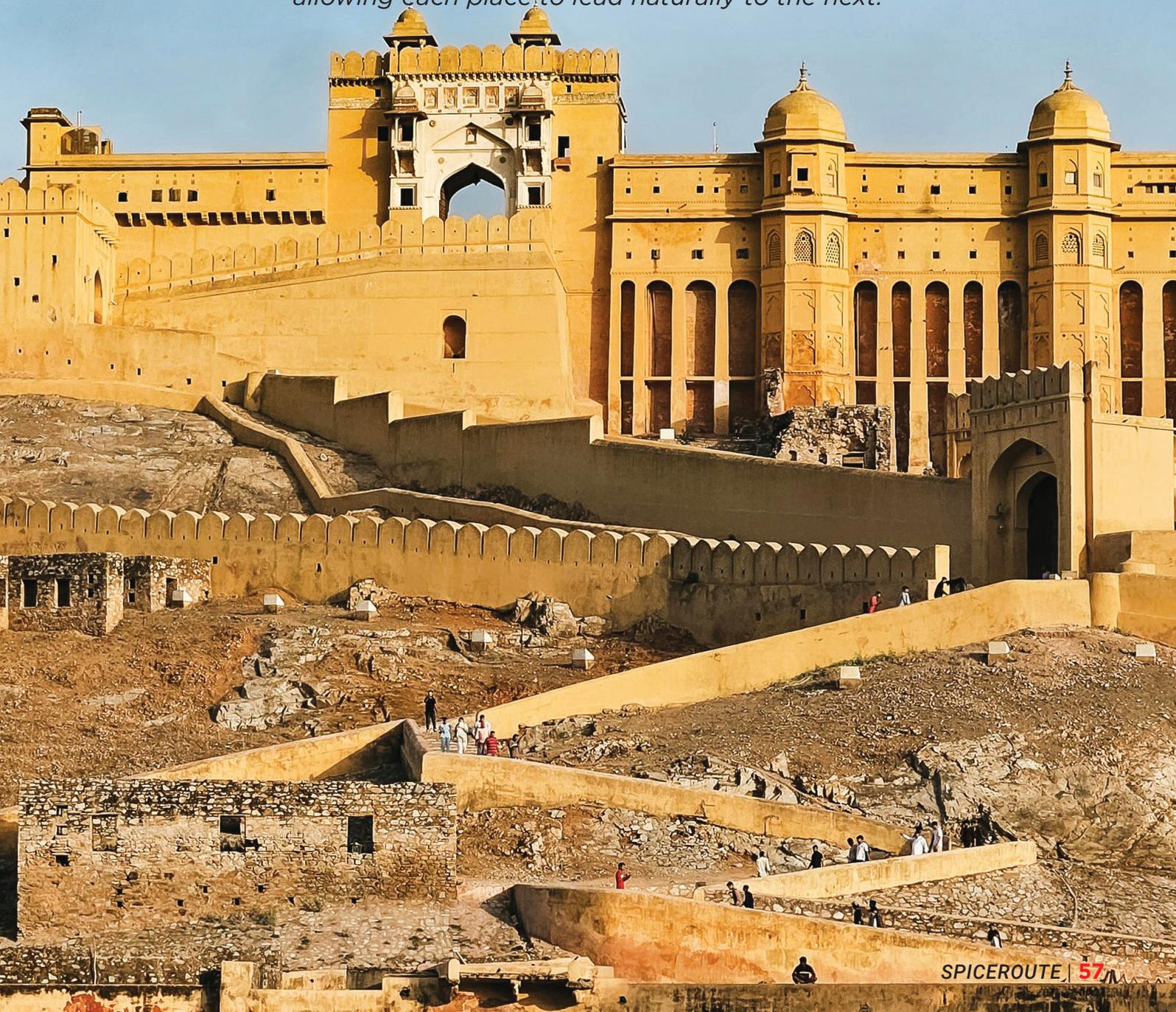


# JAIPUR

## IN HISTORY'S GLOW

PAMELA MUKHERJEE

*Jaipur wakes unhurriedly, wrapped in shades of rose and warm sandstone. From latticed windows that catch the earliest light to hilltop forts holding the last glow of the day, the city reveals itself best not by ticking off landmarks, but by moving gently between them, allowing each place to lead naturally to the next.*





SPICEJET OFFERS DIRECT FLIGHTS TO JAIPUR FROM AHMEDABAD, DUBAI, PUNE AND OTHER CITIES

## 1 MORNING LIGHT AT HAWA MAHAL

As the sun rises, the delicate façade of Hawa Mahal, an intricate honeycomb of 953 jharokhas, softly absorbs the morning light. Designed so that royal women could observe the city unseen, the palace still feels quietly watchful. Below, vendors lift shutters, scooters ride past, and the Pink City stirs into motion. This is Jaipur before the crowds arrive, when the colour feels almost intimate. A cup of hot chai from a nearby stall completes the moment—simple, grounding, and unmistakably local.

**Next stop: 5 minutes on foot**

## 2 A WALK THROUGH THE OLD CITY

Step away from the main road and the city softens. Narrow lanes curl behind Hawa Mahal, unveiling small temples tucked into corners, artisans polishing gemstones by hand, and shopfronts painted in Jaipur's iconic shade of pink. This is the city where every turn offers a subtle detail—bells chiming, mirrors catching light, the scent of fresh kachoris drifting through the air. Pause for breakfast at Laxmi Mishtan Bhandar, a local institution where traditional sweets and savouries have been served for generations.

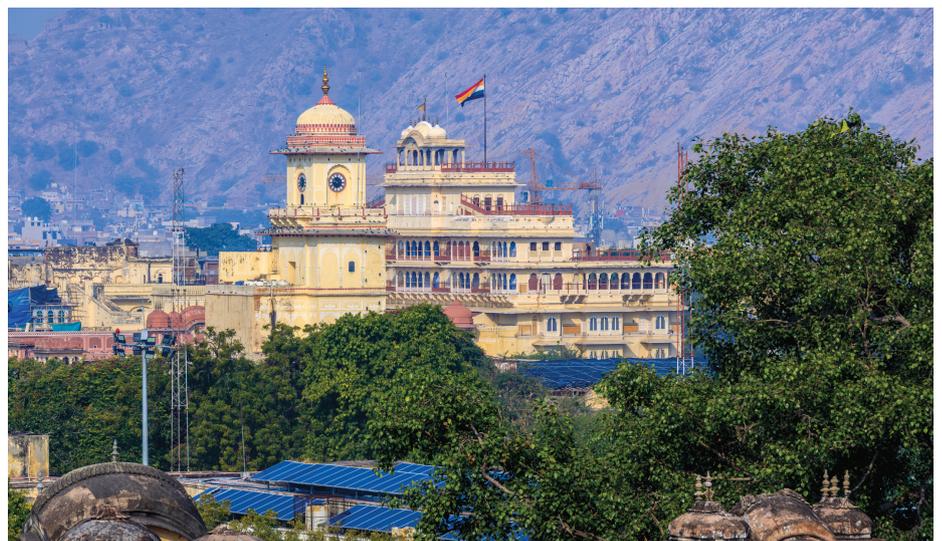
**Next stop: 7 minutes on foot**

The Peacock Gate gleams with layered symbolism, while museum galleries display silks, ceremonial weapons and manuscripts

## 3 ROYAL PAUSE AT CITY PALACE

At the heart of the old city lies the City Palace, still part-home to Jaipur's former royal family. Inside its walls, the tempo shifts. Courtyards open out one after another, each defined by symmetry, colour, and hushed grandeur. The Peacock Gate gleams with layered symbolism, while museum galleries display silks, ceremonial weapons, and manuscripts that speak of power, patronage, and precision. Here, Jaipur feels carefully composed, a city imagined, planned, and executed with remarkable intent.

**Next stop: Right next door**





## 4 TIME STOPS AT JANTAR MANTAR

At Jantar Mantar, the monumental astronomical instruments rise from the ground like sculptural forms, built not for ornamentation but for exactness. Long before satellites and digital clocks, these structures measured the movement of celestial bodies with astonishing accuracy. Walking among them is unexpectedly calming, a reminder that Jaipur has always balanced beauty with intellect, observation with imagination. Follow a visit to the observatory with lunch at Govindam Retreat, where a traditional Rajasthani thali is served with a quiet generosity and warmth.

**Next stop: 10 minutes on foot**

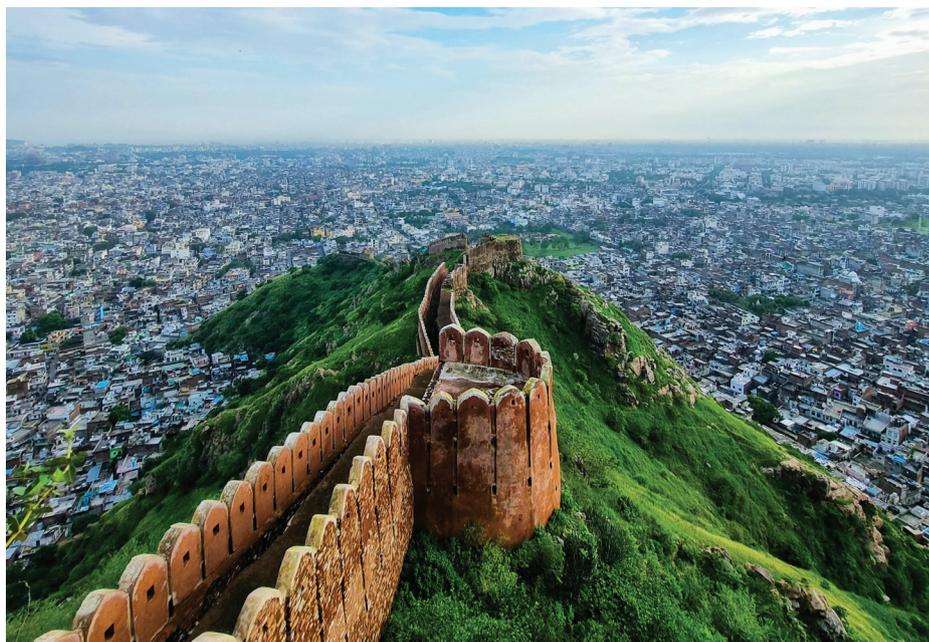
## 5 AFTERNOON HUES IN JOHARI BAZAAR

By noon, the city is fully awake. Johari Bazaar shimmers with gemstones, lac bangles, and finely crafted jewellery, while textile shops display block-printed fabrics in endless variations. Conversations flow easily here—between shopkeepers, artisans, and visitors—making the bazaar feel as much social as commercial. This is Jaipur at its expressive best: vibrant, layered, and unapologetically alive.

**Next stop: 30 minutes drive**

## 6 SUNSET AT NAHARGARH FORT

As the day begins to slow, a short uphill drive 30mins from Johari Bazaar, leads you to the majestic Nahargarh Fort. From this vantage point, Jaipur stretches out below in muted geometry, pink blocks fading into gold as the sun dips lower. Gradually, city lights flicker on, tracing familiar roads and neighbourhoods in a gentle glow. It is a moment made for reflection, not just on the day, but on the city itself.



## 7 AT PINK CITY'S EMBRACE

Return to the old city as night settles in. Rooftops glow enticingly, conversations linger, and the air cools just enough to tempt an unhurried dinner. Jaipur feels intimate again, measured and composed. It's a city, you notice, that does not rush its visitors. It simply invites them to stay a little longer ●



# Holi Ke Rang

Holi is celebrated across India and also among the Indian diaspora across the globe with great enthusiasm. Observing the ancient Hindu mythological belief of good triumphing over evil, it is one festival that brings communities together.

**Left & Inset**

*The Holi celebration in Barsana - a quaint village in Uttar Pradesh is unique in many ways. Known as Latmar Holi, menfolk from the nearby village come to play Holi, and the women in return playfully beat them with sticks. This is an age-old tradition from the time of Radha and Krishna, and is still followed here.*

*In Kolkata, this festival of colour is celebrated as 'Dol Jatra', and besides playing with colours and flowers, people enjoy the day dancing and singing.*



**Clockwise from top**

People dress up as Radha and Krishna while devotees shower them with flowers during Holi celebrations.

Holi is celebrated with much enthusiasm in Vrindavan. Devotees perform plays on the theme of Lord Krishna at Keshi Ghat. Visitors and devotees come in large numbers to be part of the celebration.

In Varanasi, a devotee with a painted face as part of the Holi celebrations at the Manikarnika ghat.

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# DOOARS

There are places built around landmarks. And then there are places that unfold slowly—through forests, rivers, and the quiet lives of the people who inhabit them. The Dooars belong firmly in the latter category.

## Gateway to Virgin Vistas & Cultures

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of India's crop and hosts more than 100 estates, many with their own processing factories. Unlike the steep, postcard slopes of Darjeeling, tea here grows over wide, flat expanses, merging seamlessly into the forests beyond. Past the large estates, small and marginal farmers also cultivate tea, sometimes even in kitchen gardens, making it part of daily lives.

As you walk through a tea garden in the soft glow of the evening sun, the rhythms of the region reveal themselves: pluckers moving steadily between rows, the aroma of fresh leaves wafting from factories, and communities shaped by cultivation thrive alongside. Here, a simple cup of locally-brewed tea, enjoyed without hurry, feels truly at home.

**S**panning the foothills of Darjeeling, Sikkim and Bhutan, this lush belt of North Bengal feels less like a single destination and more like a threshold. The name itself comes from the word 'doors', historic forest routes that once connected the plains of Cooch Behar with the Himalayan kingdoms. These were pathways through dense jungle used by traders, envoys, and royalty travelling between Bhutan and the plains. Over time, 'Doors' evolved into 'Dooars', and the name endured—fitting for a region that has always been a kaleidoscope of landscapes and cultures.

Even today, the Dooars sits at a remarkable crossroads: Bhutan lies to the north, Sikkim and eastern Nepal to the west, Assam to the east, and the plains sweep southward toward Bangladesh. Few places in India's east hold such geographic convergence.

## FORESTS THAT STILL FEEL WILD

The Dooars is defined by its forests; vast breathing ecosystems that stretch across nearly 3,000 square kilometres. Within this landscape lie Gorumara National Park, Jaldapara National Park, Chapramari Wildlife Sanctuary, and the expansive Buxa Tiger Reserve. Safaris here feel less like dramatic wildlife adventures and more like drive-through explorations of a living wilderness, where tall elephant grass sways along jungle tracks and the golden light shines through tall Sal trees. Elephant

sightings are common, often near riverbanks or forest edges. Jaldapara and Gorumara are home to the iconic one-horned rhinoceros, while leopards and Himalayan black bears move quietly through the jungle corridors that connect Bhutan and Sikkim. And for birdwatchers, the Dooars is a paradise, with hundreds of resident and migratory avian species.

Yet, what lingers most is not a specific sighting but a stillness, the sense that the forest is in charge.

## THE DEFINING TEA GARDENS

Tea is inseparable from the Dooars, which produces over 25 per cent

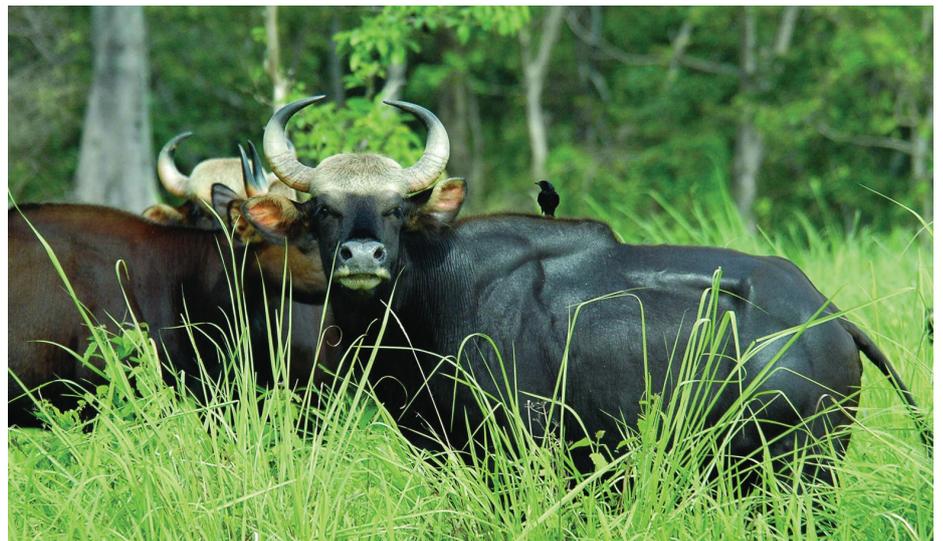
## RIVERS BORN OF THE HIMALAYAS

Because the Dooars lie on a gentle Himalayan slope, they are fed year-

### Top & Bottom

*Tourists enjoying the perfect view from the Rhino Point Watch Tower at the Gorumara National Park*

*The Indian Gaur is a common sight at Dooars*





**Top & Bottom**

*Large expanse of tea gardens are spread across the Dooars region. Tea garden workers carefully plucking tea leaves are a common sight here.*

*Dooars is also home to many ethnic tribes, and they offer a rich cultural legacy to the region*

round by glacier-origin rivers. Within a 100 kms, more than 15 rivers carve their way through this expanse, among them are the more popular Murti, Jaldhaka, and Teesta. In summer, they run clear and cool. During the monsoon, they transform, swelling with mountain rain, rushing with astonishing force, sometimes creating seasonal waterfalls along the way. Anglers know the upper stretches of the Murti and Jaldhaka for the prized Mahseer, making monsoon fishing a memorable experience in Dooars.

Often, however, it is blissful just to pause by a riverbank, feet dipped in cold water, watching the current move steadily toward the plains.

**A MOSAIC OF COMMUNITIES**

The Dooars is among eastern India's most culturally layered areas. Large tribal communities such as the Oraon, Santhal, Munda, and Kharia coexist alongside the Rajbanshi, Mech and Gorkha populations, and also the endangered Toto tribe. In a span of

150–200 kms, one encounters nearly 50 ethnic villages and gets to hear a remarkable diversity of languages.

Local festivals reflect this richness. Karma Utsab in mid-September celebrates agrarian traditions with music and dance. Mahashivratri at the Mahakal Temple, located inside a forested stretch near Gorumara, draws devotees who walk through the wilderness to offer prayers. These traditions are not staged performances; they are lived and experienced with much vigour.

**DOORWAY BEYOND BORDERS**

Just a short drive away lies Phuentsholing, making the Dooars a natural gateway to Bhutan. Travellers often begin here, grounding themselves in arboreal calm before crossing into the hills beyond. In an era of overexposed destinations, the Dooars continue to stand out—a forested crossroads that rewards those willing to slow down. It does not demand attention. It simply waits, quietly confident in what it has always been: a portal to landscapes, cultures, and the Eastern Himalayas ●



**WHERE TO STAY**

**The Riverwood Forest Retreat**

This 12-room luxurious property is surrounded by trees, medicinal plants, organic vegetable farms, and overlooks the Murti River and the forest fringes of Gorumara.

**Baradighi The Bungalow**

A heritage colonial bungalow built in 1891 is set in the midst of an expansive tea garden bordering Gorumara forest. It offers the ultimate tea tourism experience.

A handful of genuine family-run homestays offer great stay options.



*Akanksha Garg is an avid traveller and a hotelier. She is also the Tourism Committee Member-CII, Chapter President India-Swiss Education Group besides holding many other industry positions.*



# Wake up to a **HEALTHY** start

Renowned nutritionist Kavita Devgan highlights the significance of the first meal of the day and shares power-packed breakfast ideas for every age group.

**W**hy do we need breakfast? At night, when we sleep, our body rests but the brain doesn't. It continues to use energy (glucose) from body stores. So, when we wake up in the morning, our body needs to recover from a 'fasting' state. If you don't supply energy, it might not function properly. Besides, breakfast helps to replenish blood glucose levels, which is important since the brain itself



nonstick pan. Add 10 gm chopped garlic, 100 gm blanched asparagus, and 30 gm steamed corn. Cook for 5 minutes, then add 20 ml cream and 30 gm grated cheddar cheese. Keep aside. Cook thin crepes from the batter on a greased pan and stuff with the corn and asparagus mixture.

**Why this works** A good combination of complex carbohydrates, protein, and fibre, this is a delicious change from the regular breakfasts that we mostly eat

has no reserves of glucose, its main energy source, and must constantly be replenished. We bring you some power-packed breakfast ideas for all age groups.

instant boost along with sustained and substantial energy.

## For your toddler

**Banana pancake:** Combine 50 gm flour, 70 ml milk, 20 gm actor sugar, 5 gm baking powder, and 1 egg. Whisk all the ingredients together. It will become a batter. Now sieve it into another bowl to avoid lumps. Heat a nonstick pan. Pour one ladle of batter on a slow flame. Cut thin slices of one banana and keep them ready. Add the slices of banana to it before turning it to the other side. After a minute, flip it around for another minute. Cook until the pancakes are golden brown on both sides. Serve hot with some honey.

**Why this works** Banana contains three natural sugars - sucrose, fructose and glucose - combined with an extra-large dose of fibre, so it gives an

## For your teenager

**Crepes with corn and asparagus:** Make a thin batter with 100 gm wheat flour, 1 egg, 1 tsp olive oil, and water as required. Add 2 tsp olive oil to a

## For adults

**Palak thepla:** In a bowl, combine 200 gm raw shredded palak, 50 gm whole wheat flour, 10 gm green chili, 1/8 teaspoon of turmeric, 1/4 teaspoon of red chilli powder, 20 gm chopped





## Healthy quick fixes

- Soaked and boiled black chana with chopped vegetables and a glass of fresh juice.
- Any leftover *sabzi* (or fresh vegetable) toaster sandwich with one glass of milk and an orange.
- Boiled egg with toast and papaya.
- 2 grated fresh amla with honey, 5 soaked almonds with steamed sprouts.
- Spinach *besan cheela* with lemony boiled *aloo chaat*. Have with green chutney.
- *Chapati* roll (with paneer, cucumber, and mint chutney).

garlic, 1 gm asafoetida, and salt to taste. Knead well with sufficient water. Divide the dough into equal portions and roll them into thin theplas. Cook them on a nonstick pan with the help of oil.

**Why this works** Spinach delivers thylakoids (green leaf membranes), which help control cravings. Plus, it has good amounts of vitamin K, calcium, and magnesium, all three bone health supportive nutrients.

**Why this works** This tasty breakfast is gluten free, high in protein and fibre, and very satisfying. Besides, buckwheat also helps improve circulation, lower blood cholesterol, and control blood glucose levels •

*Kavita Devgan is an eminent nutritionist, and weight management consultant who propagates practical, effective, and delicious ways to achieve a healthy lifestyle.*

**Buckwheat pav:** Preheat the oven to 180 degrees Celsius. Mix 100 gm buckwheat flour, 50 gm whole wheat flour, 3 gm yeast, and 5 gm salt together. Add water and 30 ml olive oil to it, and knead into a dough. Now make rolls of the dough, 20 gm each, and let them rest for 30 minutes. Spray water on the buns before you keep them in the oven. Now bake them for 15 minutes at 180 degrees Celsius. Serve hot after stuffing hash brown patties.

**Hash brown Pattie recipe:** Mash 1 boiled potato or sweet potato, 10 gm onion, 10 ml oil, a pinch of nutmeg, and 10 gm parsley. Cook sliced onions with 1 tsp oil and butter, add the potato mixture, make a patty of the same, and shallow fry it on a nonstick pan.





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Chief Commercial Officer Samana Developers

**Best Developer Amenities**

**Chief Commercial Officer at Samana Developers**, **Mr. Kamran Farooq** drives the brand's commercial vision through strategic growth, market expansion, and investor-focused initiatives, strengthening Samana's position in Dubai's real estate landscape with innovation, performance, and long-term value creation.



**Mr. Ajazz Nanda**

Founder & CEO Miri Homes Real Estate L.L.C

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Global entrepreneur bridging culture, fashion, and real estate, **Mr. Ajazz Nanda leads Miri Homes** with international investment expertise, connecting global investors to Dubai's property market through innovative advisory solutions and strategic expansion.



**Mr. Shivansh Rachit**

Founder & CEO Hedge & Sachs

**Best Financial Strategist In Real Estate**

**Founder and CEO of Hedge & Sachs**, **Mr. Shivansh Rachit** leads a multi-vertical investment platform across finance and real estate, delivering strategic advisory, structured funds, and disciplined investment solutions focused on long-term value.



**Mr. Kashif Jamal**

Founder & CEO Housing Hunt

**Mr. Syed Shariq Zafar**

Founder & Managing Director Housing Hunt

**Best Real Estate Agency Most Trusted**

**Founders of Housing Hunt**, **Mr. Kashif Jamal and Mr. Syed Shariq Zafar** lead a trusted real estate advisory platform focused on transparency, client relationships, operational excellence, and delivering structured solutions for long-term growth.



# My Town

In our series, we travel to various Indian destinations with a SpiceJet family member. This time, Likivi takes us around her home state, Nagaland.

**LIKIVI G YEPTHO**  
CABIN CREW



***Where is your home, and what makes it so special?***

My home is in Nagaland, one of India's most enchanting states. Known as the 'land of festivals', it is a place where traditions are lived every day with pride and joy, not preserved in museums. Each tribe has its own language, attire, music, and customs, creating a cultural richness that feels both diverse and deeply connected.

***The one thing that keeps on bringing you back again and again...***

The peaceful feeling that being home always gives me. The quiet hills, fresh air, vibrant heritage, and the warmth of the people make every visit feel comforting and special.

***Which is the perfect hangout spot in Nagaland?***

Jüro Coffee House in Chümoukedima, the best part of which is not just the coffee—their 'chicken chilly' is an absolute standout. Tender, perfectly spiced, and packed with flavour, it's the kind of dish you'll crave again and again. Every bite feels like the right blend of heat and juiciness, making it one of the best 'chicken chilly' experiences in Dimapur/Chümoukedima. A must-try for anyone who loves their food bold!

***Name one restaurant you would recommend to a visitor, and a can't-miss delicacy on the menu...***

At Niathu Resort, the Naga-style



smoked pork with bamboo shoot is rich and flavourful. The smoky meat blends perfectly with the tangy shoots, creating a simple yet authentic taste that truly epitomises Naga cuisine.

**What is the best season to visit Nagaland and why?**

Between the months of October and March, when the weather is pleasant and cool, the skies are clear, and the countryside is fresh and green. Which makes it the ideal time of the year to experience local festivals, participate in outdoor activities, and immerse yourself in the natural beauty of the hills.

**Which must-visit places would you recommend back home?**

Dzükou Valley presents one of the most peaceful and beautiful experiences in Nagaland. Surrounded by rolling, verdant hills and wide-open meadows, it makes for a refreshing day out. In the valley's cool breeze, clear streams, and quietude lie the perfect escape from our busy lives. Walking through Dzükou feels slow and soothing, leaving you with a deep sense of calm and unforgettable memories.

Then there's Kisama Heritage Village, a wonderful showcase of Nagaland's cultural diversity in one place. Each house represents a different Naga tribe, offering a glimpse into their customs, craftsmanship, and lifestyle. The village comes alive during the Hornbill Festival, a lively celebration of Naga heritage embracing colourful dances, traditional music, local food, and handicrafts. Together, Kisama and the Hornbill Festival promise a memorable experience, one that reflects the spirit and unity of Nagaland ●



**PLACES FOR A QUICK DAY TRIP...**

**The Kohima War Cemetery** This is a tranquil and deeply moving space that honours those combatants who lost their lives in the Battle of Kohima during World War II. Set on a quiet hilltop, it offers scenic views while leaving you with a sense of reverence and remembrance. The cemetery stands as a powerful reminder of the courage and sacrifices of soldiers, and the importance of peace.

**Khonoma Village** Known as Asia's first green village, it is a fine example of how tradition and nature can exist in harmony. Snuggled among lush-green hills near Kohima, the village is recognised for its strong commitment to conservation and sustainable living. Forests here are protected, and farming is done using eco-friendly methods passed down through generations. Stone-built houses, terraced fields, and warm hospitality add to its charm. More than just a destination for the sightseer, Khonoma is a living model of environmental responsibility, cultural pride, and serene village life.

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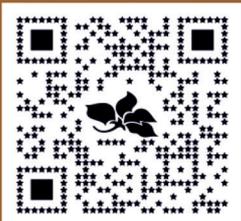
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IMPHAL (IMF)

JAIPUR (JAI)

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KOZHIKODE (CCJ)

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KOCHI (COK)

KANDLA (IXY)

LEH (IXL)

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Map not to scale, graphic representation only. Content as on 28<sup>th</sup> February, 2026.



# PREDICTIONS

## March 2026

**Dr. Prem Kumar Sharma**

(Astrologer, Palmist, Numerologist, Vaastu Consultant & 3-Time Limca Book of Records Holder)

email: psharma@premaastrologer.com | web: www.premaastrologer.com



**ARIES**

Personal relationships strengthen through clear understanding and emotional reassurance. Career momentum improves with a timely and competent decision. Monetary stability supports stress-free future planning. Official travel will bring productive exposure and social engagement will help boost your morale. Physical well-being stays strong through disciplined routines and balanced lifestyle choices.

**Lucky No.: 1**  
**Lucky Colour: Red**



**TAURUS**

A shift in surroundings will help you feel emotionally refreshed. Professional duties demand prompt attention to prevent delays. Financial resources require careful handling, especially around uncertain expenses. Emotional exchanges call for patience and understanding. Wellness improves through adequate rest, and selective social interaction.

**Lucky No.: 5**  
**Lucky Colour: Blue**



**GEMINI**

Social visibility increases through articulate expression. Career influence grows as new collaborations emerge. Workplace confusion will be soon resolved with decisive thinking. Income-related suggestions may surface but require discretion. Travel offers variety and insight. Emotional warmth returns to close bonds. Home life stays peaceful. Health improves steadily.

**Lucky No.: 2**  
**Lucky Colour: Yellow**



**CANCER**

Personal priorities shift, calling for adaptability. Changing professional conditions will require adaptability and calmness. Workplace dedication earns appreciation. Domestic matters demand emotional sensitivity while well-being needs consistent effort. Academic progress improves through measured communication and discipline.

**Lucky No.: 11**  
**Lucky Colour: White**



**LEO**

Emotional bonds strengthen through reassurance and mutual trust. Career responsibilities require careful supervision. Financial comfort continues, and savings prove beneficial over time. Long-distance travel offers a fresh perspective. Group activities remain encouraging. Academic discipline develops with greater commitment. Energy levels fluctuate slightly, making routine and balance essential.

**Lucky No.: 22**  
**Lucky Colour: Green**



**VIRGO**

Learning gains momentum through healthy competition and focus. Professional partnerships need strategic handling. Financial planning benefits with cautious budgeting. Short journeys are on the cards and offer useful exposure. Health remains stable with discipline. Networking expands outlook and supports long-term ambitions, helping you move steadily ahead toward personal goals.

**Lucky No.: 6**  
**Lucky Colour: Beige**



**LIBRA**

Unresolved personal matters resurface for closure. Task organisation improves productivity. Asset returns may arrive slowly, requiring patience. Workplace decisions should be delayed briefly. Family opinions differ, demanding diplomacy. Well-being improves as mental pressure reduces, allowing balance between duties and personal peace.

**Lucky No.: 4**  
**Lucky Colour: Pink**



**SCORPIO**

Your judgment leads to recognition, increasing your influence. Professional challenges will help build inner strength. Financial discipline supports long-term security and steady asset growth. Emotional bonds progress smoothly when intensity is well balanced. Travel brings positive momentum and fresh perspective. Physical stamina remains dependable.

**Lucky No.: 18**  
**Lucky Colour: Blue**



**SAGITTARIUS**

Support from capable people helps conserve energy. A new initiative begins positively. Career trends favour salaried individuals. Income stability will help in strengthening confidence. Family interactions evoke nostalgia. Emotional connections deepen through shared experiences. Health remains balanced with moderation. Educational focus remains steady, encouraging confidence.

**Lucky No.: 3**  
**Lucky Colour: Orange**



**CAPRICORN**

Careful decisions deliver lasting value despite higher initial costs. Professional matters require patience rather than haste. Financial awareness helps manage expenses wisely. Health demands discipline in routines. Romantic prospects improve for those seeking commitment. Family communication stays respectful. Travel refreshes perspective.

**Lucky No.: 4**  
**Lucky Colour: Grey**



**AQUARIUS**

Professional focus intensifies toward a meaningful achievement. Scholastic growth demands patience and regular effort. Social situations need calm clarification. Financial prudence supports savings and future planning. Health improves through disciplined habits. Romantic bonds deepen with thoughtful initiative. Family support will help strengthen emotional balance.

**Lucky No.: 8**  
**Lucky Colour: Magenta**



**PISCES**

Circumstances encourage stepping back for clarity this month. Professional restraint protects credibility. Academic performance fluctuates and needs discipline. Family emotions require sensitivity. Romantic harmony improves when space is respected. Travel calls for caution and intuition. Health remains stable with balance. Financial flow improves gradually with mindful management.

**Lucky No.: 6**  
**Lucky Colour: Purple**

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9th March, LIVE from New Delhi



**Upendra Rai**

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